

St Tropez Tan £41.00
Includes body exfoliation and application of tan
(1 ½ hour).

Top up application. (1/2 hour) . £25.50

Electrolysis: £15.50

A 15-minute session for permanent hair removal, using a sterex disposable needle. A new needle for each treatment.

Depilatory Treatments:

Half Leg wax £18.00

Half Leg and bikini wax £23.50

Full Leg wax £26.50

Full Leg and bikini wax £29.50

Bikini £12.00

Underarm £9.50

Upper Lip £8.50

Chin £9.50

Back and shoulders from £18.00- £28.00

Hands & Feet:

Natiliques Manicure £26.00

Including cuticle work, hand massage and application of natiliques nail treatments for hard, brittle, soft and dry nails.

Natiliques Luxury Manicure £29.00

Includes heated mitts.

Sixtus Luxury Pedicure £29.50

Incorporating sixtus alpine herb foot care. Heated boots and mitts are available on request for an extra £3.00.

Indulgence package: £105.00

An aroma essential facial, back massage, manicure and pedicure (3 hours).

mama mio

Mama touch – maternity spa treatments.

Lighten Up 30min £30.00

Foot soak, exfoliation and massage for lower leg and feet, reduce swelling and stimulate circulation.

(Add a pedicure for extra £15.00)

Yummy Tummy 1hr 15min £59.00

A facial for your tummy, because it your tummy that needs the attention to maximise skin strength, health and elasticity. Combined with the luxury of an upper back, neck & head massage to a stress busting treat.

Mellow Mama 1hr 15min £64.00

A complete body massage using our safe but effective pre-natal techniques to relax those specific lower back muscles that are carrying that beautiful bump.

The Smoothie 1hr 15mins £59.00

All Supermama's pregnant or not, the benefits of regular exfoliation to keep your skin super-elastic really relaxing massage combined with the fresh clean feeling of a gentle exfoliation treatment.

4th Trimester Healing Hour 1hr £55.00

Your baby is here and you in need of a little rejuvenation? This restorative massage helps your body to realign as you remember how to be one person again. Sometimes new mothers need a little mothering too! This is perfect present for new mamas.

Opening Hours:

Monday – Saturday 10 am – 6pm

Late opening Wednesday and Thursday only

Gift Vouchers Available

A 50% charge will be made for broken appointments unless 24 hours notice is given.

Prices correct at time of print June 09

vat reg no 002 8399 85

TheBeauty Spot

Beauty Salon

Price list

Emma Spriggs

I.H.B.C. City & Guilds I.I.H.H.T.
BABTAC I.E.B.

Audrey Spriggs

I.I.H.H.T I.H.B.C.

Sarah-Jayne Shields

I.H.B.C

Tel. 616262

17-18 Port Jack, Onchan



O·P·I TISSERAND
AROMATHERAPY

Sixtus



mama mio™
mama's touch™
spa treatments for supermamas



Facials:

Cold Marine £45.00

For fragile delicate skin, prone to blotchiness.

Bio repair heat mask £45.00

A warming heat treatment mask. Firming ,
Anti wrinkle effect.

O2 Marine dull skin £45.00

Purify, nourish, and stimulate a tired polluted
and sluggish complexion. Ideal booster treatment.

Thalgotermal acne £42.00

Antiseptic and healing. Combined with a specific
massage to encourage the dispersal of cystic acne.

Rebalancing (face or back) oily £42.00

Marine Algae re-balances and stabilizes oily problem
Skin.

Hydra-Moisture Source Facial dehydrate £45.00

Hydrating and moisture treatment. Combined
with a unique mask to combat dehydration, improve skin
texture and leaves the skin feeling soft and radiant.

Specialized facial :

Terre & Mer Organic £55.00

A truly relaxing ritual combines mediterranean
ingredients with algae to bring unrivalled softness to
the skin .This treatment begins with a welcoming back
massage using Lavender Oil.

Collagen Velvet £50.00

Intensive hydration for sun damaged skin fine lines

Perfect Contour Firming Treatment £50.00

Firming and plumping
Incorporating skin strengthening Marine Pro-Collagen
And a firming gel mask

Fundamental wrinkle control. £55.00

Fine lines and soften's

Energylift and exceptional mask. £74.00

A combination of a specialized lifting facial massage and a
unique mask "second skin" effect using natural biological
celluloses 'Elixir Marine Algae Hormones for intense
moisturizing, soothing and uplifting - your skin will feel like
never before!!

Eye Treatments:

Collagen Eye Treatment £34.00

Treatment to smooth out fine lines and wrinkles.

Gelatine Verbena £28.00

For dark circles, congestion and puffy eyes.

Youthful Eye Patch Mask £6.00

Soothing fine lines .

Eye lash tint £10.00

Brow shape/wax £9.50

Eyebrow tint £8.50

Eyelash & brow shape £18.50

Eyelash perm £27.00

Eyelash perm & tint £29.00

Body Treatments:

*** MMA Body Wrap** £45.00

This treatment activates circulation, increases metabolism
and relieves aches and pains (1 hour).

***Thalgomince Body Contour** £40.00

Strengthens skins elasticity and minimizes fatty
deposits (1 hour).

*** Frigi-Thalgo Body Wrap** £40.00

Cold wrap Excellent treatment of cellulite. Heavy hips and
thighs plus relief for tired and heavy legs (1 hour).

***Slim & Sculpt** £75.00

A tailor-made double action treatment for
slimming and firming. Incorporates active products
and massage with ginger and cocoa. Fight against fat
build up, dimpled and skin sagging. (1 hr 45

mama mio boot camp treatments

butts, boobs and tummys

Available from may.

Reiki £ 35.00

Reiki is a Japanese hands-on therapy for channeling
positive universal energy to encourage natural self
healing of the body and mind.

*** A course of 6 - 12 treatments is recommended.**

Massages :

1 Hour Full Body Massage £42.50

Back, neck and shoulder massage £26.00

Aromatherapy 1h 15 min £47.00

Using essential oils mixed to suit your needs. A
total face, scalp and body massage.

La Stone Therapy £65.00

The ultimate massage, using hot and cold stones
which invigorates the body and soothes the mind
....pure bliss!! (1 ½ hours).

Reflexology £33.00

Working with the reflexes of the feet which
correspond with specific glands and areas of the
body.

Hopi Ear Candles £30.50

Soothing treatment for headaches, ear problems and
tinnitus & stress.

Course of 3 sessions. £76.00

Indian Head Massage £33.00

An invigorating scalp, neck and shoulder massage.
Beneficial for, sinus, ear problems, headaches
and fatigue.

Indoceane body treatment £65.00

Relax and revitalise your self with a full body
exfoliation, massage and body wrap.
(1hr 30min)

Thai style heat compress massage

Warm compress are used to relax the body and
mind. Detoxifying and revitalising.

45mins back and shoulder £ 35.00

1hr 30 mins body and face £ 65.00

Ocean Memory (2hrs) £74.00

De-stress, harmonizing and relax body treatment.
Includes exfoliation and massage, incorporating a
warm compress and a warm algae mask.